



Multi-Factor / Two Step Verification --Why, What, and Where

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## We will use Multi-Factor Authentication for this presentation

### The evolution of passwords





#### The Roman "watchword"

Back in the day, the Roman army used "watchwords" passphrases that proved you were a member of the unit. This early authentication system was a fast way to tell if someone was a friend or an enemy.

### The Prohibition password

In the 1920s, Prohibition led to the rise of "speakeasy" bars where alcohol was sold illegally and on the down-low. Presenting a card, code phrase, or saying a password was your ticket to getting inside.



#### The 1st digital password

In 1961, MIT computer science professor Fernando Corbato created the first digital password as a project problemsolver. When he built a giant time-sharing computer, several users needed their own private access to the terminals. His solution? Give each user their own password.

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#### Web 2.0 password overload

Today, there are passwords for almost everything. Each person has about 100 of them, and they're often shared between family, friends, and coworkers. (Netflix, anyone?) Trying to remember all these details on a daily basis has led to major password fatigue.

#### **Dashlane Website**



## **Authentication Methods**

Knowledge - Something You Know - passwords, PIN, username

Possession - Something You Have - fobs, security keys, one-time-passcodes

Inherence - Something You Are - Biometrics

Location

Time



## Drivers for Multi-Factor Authentication

Password Re-UsePassword Theft

Password Hacking



# MFA Adoption



Consumer Drivers of MFA

- Financial Services
- Healthcare
- Online Shopping
- Google
- Microsoft
- Apple



## **Evolution of MFA Methods**

- Secret Phase "Boston"
- Generic Security Question "Mother's Maiden Name"
- Customized Security Question "Who makes the best electric bass?"
- Security Devices cards and fobs
- One-Time-Passcode Generators cards, keys, fobs
- Biometrics Retina, fingerprint, facial, and voice scans
- Authenticator Apps

## **One Time Passcodes**

- Can be generated by a service and sent via email or text with a limited lifetime (5 minutes, 10 minutes, ...)
- Often generated in an authenticator application based on a shared secret and the time. (Time-based One-time-passcodes) that changes every frequently (Often every 30 seconds).
- Passcodes are often six numeric digits but can be longer and can include alpha characters
- Can be generated by dedicated OTP devices RSA and Bank of America are examples

## **Amazon Authentication Request**

### amazon

### **Two-Step Verification**

For added security, please enter the One Time Password (OTP) that has been sent to a phone number ending in 297

#### Enter OTP:



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## Amazon OTP Text



Amazon OTP. Do not share it with anyone.

The sender is not in your contact list.

#### **Report Junk**



## Bank of America - Idem Key Example



## Authentication Applications

- Microsoft Authenticator, Google Authenticator, and Authy are 3 of the most common authentication apps.
- Some services require a specific authenticator application, but many leave the choice to the user
- Authenticator applications can be used for a multitude of services
- The process of adding a service involves registering your authentication application with the service and establishing a shared secret that is used to validate the OTP
- Authentication Apps often require user authentication before providing the OTP (password, facial scan, ...)
- Microsoft is adding a number and optionally application and location information to authentication requests

### Microsoft

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### Approve sign in request

Open your Authenticator app, and enter the number shown to sign in.

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No numbers in your app? Make sure to upgrade to the latest version.

I can't use my Microsoft Authenticator app right now

More information

Simple to Complex -Less Secure to More Secure

- Text or Email OTPs
- Application based authentication applications
- Biometric protected authentication applications
- Biometric protected security keys



## Microsoft "Passwordless" with Authenticator



## Take Aways

- Password hygiene is still important unique and relatively complex
- MFA should be used whenever you have something that you value and would like to protect
- When it is your choice, select the level of MFA that is appropriate for what you are safeguarding
- Don't even think about using MFA if you your phone, tablet, and computer are not password or biometrically secured!!



## Q&A

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